Youth Programs

Learn to Skate Ages 5 & up

Learn to skate offers group instruction of basic ice skating skills. Participants will learn the fundamentals of skating, including skating forwards, backwards, spins and jumps! No prior skating experience is necessary. Participants can bring their own skates or rent for no additional charge from the rink. Helmets and pads are not required but highly recommended. No Limit.

Time: 5:00 – 6:00 PM **Location**: Enfield Twin Rinks, 1 Prior Road

Dates: Mondays, April 1 – April 29 Fee: \$99.00 Resident / \$109.00 Non-Resident Activity Number: 3603.0162.302 Fee: \$79.00 Resident / \$89.00 Non-Resident Activity Number: 3603.0162.303

Note: no class on 5/27

Spring Mini-Hawk (Soccer and T-ball) Ages 5 – 7 years old

This multi-sport program gives children ages 5 to 7 a positive first step into athletics. Soccer & baseball are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow participants to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff is trained to handle the specific needs of young athletes. Limit 16.

Date: Wednesdays, May 15 – June 12

Time: 6:00 – 7:00 PM **Fee:** \$58.00 Residents/ \$68.00 Non-Residents

Location: Parkman School Gym **Activity Number:** 3603.0228.302

Youth Gymnastics Ages 6 & Up

This is the beginning level of gymnastics. Once the child has mastered all the elements in their level they can progress to the next level. Children will be instructed on all apparatus. Limit 10. **Location:** New England School of Gymnastics, 585 Hazard Ave, Scitico Plaza.

Dates: Session One: Saturdays, April 6 – April 27 **Time:** 12:00 – 1:00 PM

Session Two: Saturdays, May 4 – May 25

Fee: \$70.00 Resident/ \$80.00 Non-Resident

Activity Number: Session 1: 3603.0163.307 Session 2: 3603.0163.308

Beginner Martial Arts Ages 6 - 10 years old

Discover the excitement of the martial arts while learning about Respect, Discipline and Self-Control. Participants will learn basic martial arts techniques, as well as how to apply character development to their everyday lives. Limit 10.

Dates: Tuesdays & Thursdays, April 23 – May 16 **Time:** 5:30 – 6:00 PM

Fee: \$49.00 Residents / \$59.00 Non-Residents Activity Number: 3603.0122.302

Location: Integrity Martial Arts, 585 Hazard Ave, Scitico Plaza.